

## Immune Response Induction and New Effector Mechanisms Possibly Involved in Protection Conferred by the Cuban Anti-Meningococcal BC Vaccine

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**This report explores the participation of some afferent mechanisms in the immune response induced by the Cuban anti-meningococcal vaccine VA-MENGOC-BC. The induction of delayed-type hypersensitivity in nursing babies and lymphocyte proliferation after immunization is demonstrated. The presence of gamma interferon IFN- $\gamma$  and interleukin-2 (IL-2) mRNAs but absence of IL-4, IL-5, and IL-10 mRNAs were observed in peripheral blood mononuclear cells from immunized subjects after in vitro challenge with outer membrane vesicles. In addition, some effector functions were also explored. The presence of opsonic activity was demonstrated in sera from vaccinees. The role of neutrophils as essential effector cells was shown. In conclusion, we have shown that, at least in the Cuban adult population, VA-MENGOC-BC induces mechanisms with a T-helper 1 pattern in the afferent and effector branches of the immune response.**

*Neisseria meningitidis* is a human pathogen and one of the major causes of bacterial meningitis (29). Infection may result in the development of septicemia and/or meningitis, with severe clinical symptoms. Natural immunity in humans is acquired by meningococcal colonization of the upper respiratory tract and increases with age (13). In 1969, Goldschneider et al. described an age-related inverse relationship of the incidence of meningococcal disease and the presence of bactericidal antibodies (14).

Polysaccharide-based vaccines against some serogroups are available, but these antigens cannot be used to protect against serogroup B due to the low immunogenicity of the B polysaccharide in humans (49); therefore, protein-based vaccines have been developed. VA-MENGOC-BC is the registered trademark of the Cuban vaccine against serogroup B and C *N. meningitidis* (2, 44). One of the most important findings of the Cuban vaccine trial was the demonstration, for the first time, that antibodies induced to noncapsular surface antigens can protect against meningococcal disease (10). Another important observation was that VA-MENGOC-BC is innocuous and safe. The vaccine efficacy surpassed 80% in a double-blind placebo-controlled vaccine trial conducted in junior high school students (11 to 15 years old) (24, 44). Yet another finding was the reduction in the morbidity and mortality rates caused by group B *N. meningitidis* after its application in all Cuban provinces since 1988 (48). Last but not least was the decreased incidence in children less than 5 years old from 67 to 120 in 1983 to 0.05 to 0.09 per 10<sup>5</sup> inhabitants in 1997 (24).

The presence of bactericidal antibodies has been shown to correlate with natural protection against the disease (14). Such antibodies are observed after infections by serogroup A, C, Y, and W-135 *N. meningitidis* and correlate with the protection

induced by their polysaccharide-based vaccines (9, 31, 50). Nevertheless, the presence of bactericidal activity after immunization with outer membrane vesicle (OMV)-based vaccines such as VA-MENGOC-BC is controversial (5, 30, 44, 47), but the induction of such antibodies by noncapsular antigens (9, 10, 38, 39) remains the goal.

The complement-fixing antibodies may have other effector functions and come from a cellular pattern of immune response. Based on cytokine production, CD4<sup>+</sup> T lymphocytes have been classified as T-helper 1 (Th1) cells, which produce and favor gamma interferon (IFN- $\gamma$ ) and interleukin-2 (IL-2)-mediated cellular immune responses, and Th2 cells, which produce and favor IL-4-, IL-5-, and IL-10-mediated humoral responses (25, 35). The cytokine production associated with T-cell proliferation has also become an important way to evaluate immune responses. Therefore, the cellular responses induced by VA-MENGOC-BC, including in vivo and in vitro responses were evaluated. Delayed-type hypersensitivity (DTH) and lymphocyte proliferation (LP) have been widely accepted as measures of T-cell activity. The antibodies that fix complement also have opsonic activity (36), and the specific immune response is amplified by the T-helper cascade, which includes intercellular and cellular responses known as a non-specific amplification. This means that the participation of macrophages and neutrophils (polymorphonuclear leukocytes [PMN]) could be very important in regulation of the immune response as well as part of the effector mechanisms against *N. meningitidis* B infection.

Our main goal here has been to further our understanding of the triggering by this vaccine of the afferent and effector branches of the immune response, considering that serum bactericidal activity is only one of the multiple mechanisms involved in protection against *N. meningitidis* B. Particular attention was given to the mechanism related to Th1 cellular responses. In the afferent branch, DTH, LP, and production of cytokines at the mRNA level were explored. In the effector

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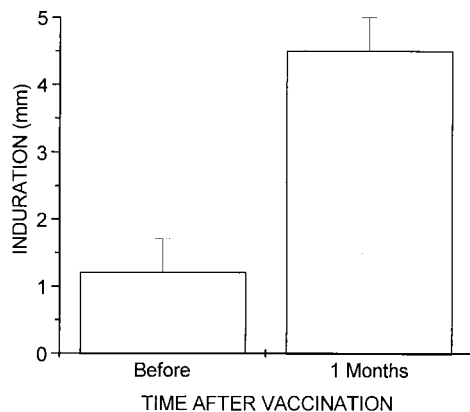


FIG. 1. T-cell responses of 50 immunized nursing babies in a DTH assay. The antigens used for stimulation were OMVs from strain 385/83 at 14  $\mu$ g per test. The data shown represent the mean and standard error of the difference between antigen and control indurations. A response was considered positive if the difference from the control was  $>3$  mm. All babies were DTH positive postvaccination.

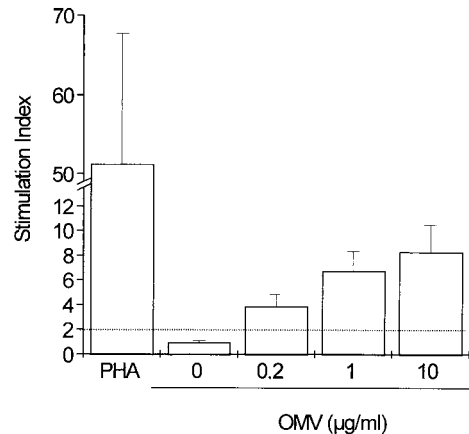


FIG. 2. T-cell responses of 20 immunized adult volunteers in an LP assay. The antigens used for stimulation were OMVs from strain 385/83 at a concentration of 0 to 10  $\mu$ g per ml. Results are expressed as mean and standard errors of the stimulation index of all cases in triplicate cultures. Dashed lines represent cutoff values.

branch, the presence of opsonizing antibodies was demonstrated, and the role of PMN as effectors was also evaluated.

#### MATERIALS AND METHODS

**Vaccine and immunization.** *N. meningitidis* strain B:4:P1,19,15 (Cuban vaccine strain) was grown until early stationary phase, and OMVs were extracted with 0.1 M Tris-HCl [pH 8.6]–10 mM EDTA–0.5% (wt/vol) deoxycholate. This preparation was purified by sequential centrifugation steps at  $20,000 \times g$  for 30 min. Following ultracentrifugation at  $125,000 \times g$  for 2 h, the pelleted OMVs were homogenized in phosphate-buffered saline (PBS; pH 7.2) with 3% (wt/vol) sucrose and further purified by column chromatography. In addition, the vaccine contains purified capsular polysaccharide of serogroup C meningococcus, both adsorbed on  $\text{Al}(\text{OH})_3$  gel (16). The immunization schedule for humans comprises two doses applied with a 6- to 8-week interval, whereas for rats there was a 5-week interval. One dose of vaccine (0.5 ml) contained 50  $\mu$ g of proteins, 50  $\mu$ g of polysaccharide, and 2 mg of  $\text{Al}(\text{OH})_3$  and was administered intramuscularly, deep in the deltoid muscle in humans and in the posterior extremity of rats.

**Immune response induction. (i) DTH response.** A group of 50 healthy nursing babies without history of meningococcal disease were included in the study after written consent of the parents. They were immunized twice, at 3.5 months of age and 42 days later. DTH was measured 28 days after the second dose by multipuncture application of nonadsorbed OMVs (14  $\mu$ g) as antigen. The OMV preparation was diluted (vol/vol) in PBS-glycerol, plus phenol (0.05%); and the control (without antigen) were applied in the forearm. Induration areas were measured 48 h later, and differences greater than 3 mm between antigen and control were considered positive.

**(ii) LP assay.** A group of 20 healthy young adults without history of meningococcal disease and negative for immunoglobulin G (IgG)-specific (anti-OMV) antibodies before immunization participated in this study. They were recruited and included in the study after written consent. Volunteers were immunized intramuscularly with two doses of VA-MENGOC-BC at a 6-week interval. Twenty-one days later fresh peripheral blood mononuclear cells (PBMC) were obtained from heparinized blood by sedimentation on a Ficoll-Hypaque (Pharmacia) gradient. PBMC were cultured in 96-well round-bottom microtiter plates (Costar) at a density of  $10^5$  cells per well in 200  $\mu$ l of RPMI 1640 (Sigma) supplemented with 5% heat-inactivated autologous serum, 10  $\mu$ g of gentamicin per ml, and 0.3 mg of L-glutamine per ml. Nonadsorbed OMVs from strain B:4:P1,19,15 were added at doses of 0.2, 1, 5, and 10  $\mu$ g per ml. As a control, PBMC were incubated without the antigen or with phytohemagglutinin (PHA) at a 1% concentration (Gibco). These cells were incubated for 5 days at 37°C and 5%  $\text{CO}_2$  (ASSAB, Sweden) and pulsed with 1  $\mu$ Ci of [ $^3\text{H}$ ]thymidine (Amersham, International Little Chalfont, United Kingdom) over the last 18 h of culture. Cells were harvested, and the incorporated radioactivity was measured in a liquid scintillation counter (Pharmacia, LKB). Results are expressed as the mean

counts per minute of triplicate cultures. Volunteers with a stimulation index of  $\geq 2$  and  $\geq 1,000$  cpm were considered positive. To avoid exclusion of appropriate antigen-presenting cells, unfractionated PBMC were used in the 5-day proliferation assay, which is widely accepted as a measure of T-cell activity.

**(iii) Stimulation of cytokine mRNA.** Six adult healthy volunteers without history of meningococcal disease participated in this study. They were recruited and included in the study by regular written consent. They had been immunized with two doses of VA-MENGOC-BC 3 years before. PBMC of each individual were freshly isolated and cultured individually as described for the LP assay. Two milliliters of cellular suspension ( $8 \times 10^6$  per well) was incubated with 9.6  $\mu$ g of OMV antigen (1.2  $\mu$ g/ $10^6$  cells); PHA (2  $\mu$ g/ $10^6$  cells) and medium were used as controls. The cells incubated with antigen were harvested after 8, 10, 12, 14, 16, 18, 24, and 72 h of culture. Cells cultured with the mitogen or medium alone were harvested after 10 h. They were washed three times and lysed for RNA isolation.

Total RNA isolation was performed using the guanidine isothiocyanate and organic solvents method (29). Briefly, PBMC were washed three times with PBS and scraped into 1 ml of solution D (4 M guanidine isothiocyanate [Fluka], 0.25 M sodium citrate [pH 7.0; Sigma], 0.5% Sarkosyl [Sigma], 0.1 M 2-mercaptoethanol [Merck]). After homogenization, 0.1 ml of 2 M sodium acetate (pH 4), 1 ml of water-saturated phenol (Fluka), and 0.2 ml of chloroform-isoamyl alcohol (49:1, vol/vol; Merck) were added. RNA was precipitated from the aqueous phase with an equal volume of isopropanol for 1 h at  $-20^\circ\text{C}$ . The pellet was resuspended in 400  $\mu$ l of solution D and precipitated again under the same conditions. Finally, the pellet was resuspended in an adequate volume of diethyl pyrocarbonate-treated  $\text{H}_2\text{O}$  (Sigma).

The RNase protection assay (RPA) using PharMingen's RiboQuant Multi-Probe RPA kit was performed according to the manufacturer's instructions. A mixture of plasmids containing cDNA templates of different lengths for human cytokines IL-4, IL-5, IL-10, IL-13, IL-14, IL-15, IL-9, IL-2, and IFN- $\gamma$  and the L32 and GAPDH (glyceraldehyde phosphate dehydrogenase) housekeeping genes were used (12). Briefly, using the templates, radiolabeled antisense RNA probes were synthesized by in vitro transcription reaction using T7 RNA polymerase under appropriate conditions and an excess [ $\alpha\text{-}^{32}\text{P}$ ]UTP (Amersham) (27). The radiolabeled probes were purified by phenol-chloroform extraction and ethanol precipitation after the transcription reaction was stopped by adding 1  $\mu$ l of RNase-free DNase. Excess purified probes were hybridized to 5  $\mu$ g of purified total RNA from samples in hybridization buffer overnight at  $56^\circ\text{C}$ . The free probe and single-stranded RNA (nonprotected) were digested with RNases A and  $\text{T}_1$  in adequate buffer at  $37^\circ\text{C}$  for 45 min. The reaction was stopped by the addition of proteinase K; the remaining RNase-protected probes were purified with phenol-chloroform and ethanol precipitation, resolved on 5% denaturing polyacrylamide gel, and autoradiographed. All the reagents and enzymes were provided by the PharMingen kit. The films were scanned and analyzed using the Molecular Analyst software (Bio-Rad). Since the undigested radiolabeled RNA probe contains flanking frames of plasmid DNA, it migrates at lower rates than

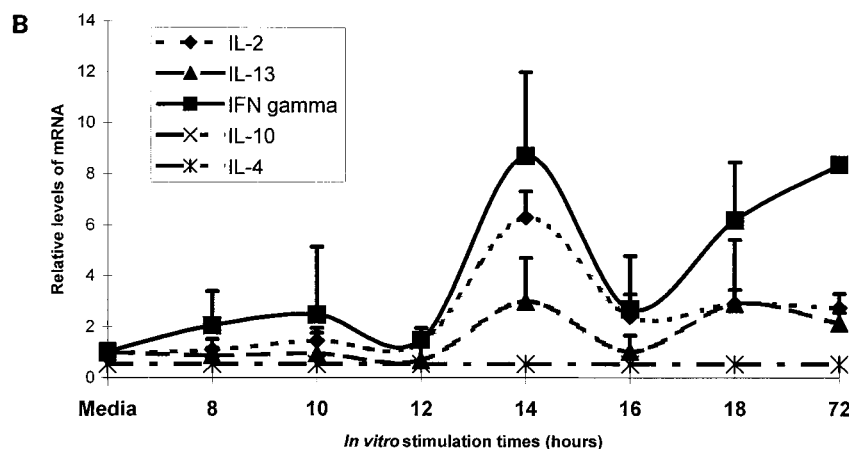
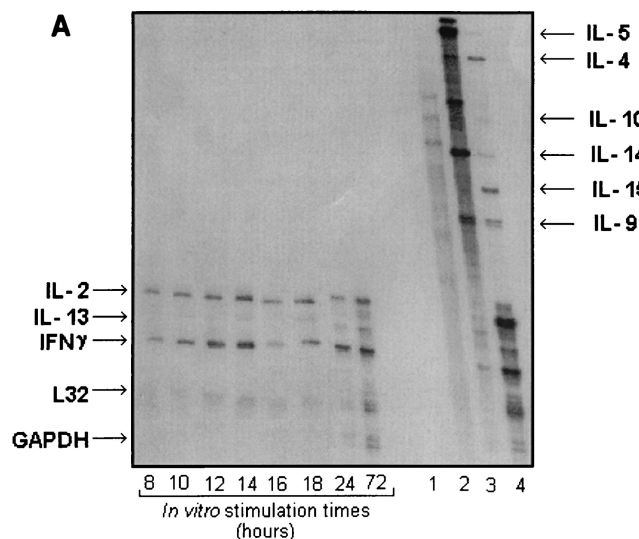


FIG. 3. Cytokine mRNA stimulation. Results of the RPA of one representative case. Five micrograms of total RNA isolated from PBMC stimulated in vitro with OMVs from VA-MENGOC-BC was analyzed with PharMingen's RiboQuant Multi-Probe RPA system. Lane 1, background control; lane 2, RNA control; lane 3, radiolabeled undigested probes; lane 4, PHA-positive control. Note that since undigested radiolabeled RNA probe contains flanking frames of plasmid DNA, it migrates at lower rates than protected fragments due to the elimination of nonprotected flanking frames during RNase digestion (A). (B) Quantification of specific cytokine bands upon autoradiography of RPA of total RNA from PBMC in vitro stimulated with the OMVs from VA-MENGOC-BC, using the Molecular Analyst software. The average and standard errors of six independent cases are represented.

protected fragments due to the elimination of nonprotected flanking frames during RNase digestion. Because the lengths of probes and protected fragments for each cytokine are known, a standard curve was plotted with undigested radiolabeled probes (migration distance versus log nucleotide lengths) and used to establish the identity of RNase-protected bands in experimental samples. The quantity of each mRNA species expression level was determined by the intensity of appropriately sized protected probes and homogenized using the signal from an L32 probe used as the standard.

**Effector immune mechanisms.** (i) **Opsonophagocytic activity.** Nine of the volunteers used in the LP assay who had no serum anti-OMV IgG class antibodies before immunization were included in this study. Sera were collected before vaccination and 4 weeks after the second dose. During the second extraction heparinized blood was also obtained for the purification of phagocytic cells (PMN and macrophages). The erythrocytes were eliminated with lysing solution, and the leukocytes resuspended at  $1.25 \times 10^7$  phagocytic cells per ml in RPMI 1640 containing 0.5% bovine serum albumin (Sigma). The serogroup B meningococci (*N. meningitidis* strain B:4:P1.19.15) were grown overnight on Mueller-Hinton agar in 5% CO<sub>2</sub> atmosphere at 37°C, inoculated in Frantz-modified medium to an optical density of 620 nm, using a 10-mm light, and grown to logarithmic phase in an orbital shaker at 37°C. Bacteria were washed three times in 0.9% NaCl ( $2,500 \times g$  for 10 min at 4°C), resuspended in RPMI 1640 (pH 7.2), and adjusted to an optical density of 1, and CFU per milliliter was determined. Bacteria were labeled with fluorescein isothiocyanate (FITC; 0.25 mg/ml) by stirring the bacteria for 30 min at 37°C in PBS, killed by ethanol (0.1% for 1 h), and filtered through 0.22- $\mu$ m-pore-size filters (Sartorius). They were extensively washed in PBS at  $2,500 \times g$  for 10 min at 4°C, resuspended in the same medium, counted by flow cytometry, and adjusted to  $5 \times 10^8$  cells per ml, and aliquots

were stored at  $-70^\circ\text{C}$ . Bacterial suspensions ( $5 \times 10^7$ ) were opsonized with 5% autologous sera with or without active complement (inactivation was performed by treatment for 30 min at  $56^\circ\text{C}$ ) during 15 min, and the cells were added (1:20, cell/bacteria) and incubated for 30 min. Phagocytosis was stopped by adding 1 ml of ice-cold PBS supplemented with 0.02% of EDTA. The suspensions were analyzed by a Cytofluorograph Ortho 50 H interfaced to a model 2150 computer (Ortho Diagnostic Instrument, Westwood, Mass.) with a 488-nm wavelength. FITC fluorescence was measured at 515 to 575 nm, and forward angle light scatter was measured at 488 nm.

(ii) **PMN as effector cells.** Two assays were performed. In the first, the in vitro effector activity of PMN against *N. meningitidis* B ( $10^3$  bacteria per well) was tested with human PMN ( $10^5$  cells per well). The blood was obtained as described above (100:1, cell/bacteria). The sedimented erythrocytes were eliminated with lysing solution, and the PMN were resuspended in RPMI 1640 supplemented with 10% fetal calf serum (Gibco). The cells were activated with IFN- $\gamma$  (10 U/ml) and lipopolysaccharide (LPS; 1  $\mu$ g/ml) 30 min before addition of the bacteria, and CFU were measured 24 h later. In the second, a rat neutropenic model was used to determine the role of PMN in vivo. Wistar rats (CENPALAB; Havana, Cuba) weighing  $80 \pm 20$  g were randomized in three groups of 10 animals each. The first group was treated before challenge with an unrelated IgM antibody (control), and the second was immunized with 2 doses of VA-MENGOC-BC (25  $\mu$ g of protein, intramuscularly) 5 weeks apart; the third group was immunized as was group 2 and 2 h before each dose made neutropenic by intraperitoneal inoculation of 2 ml of ascitic fluid of an anti-PMN monoclonal antibody (MAb) (RP<sub>3</sub>, IgM class; kindly donated by F. Sando, Yamagata University, Yamagata, Japan) (20). MAb efficiency was measured every day in the peripheral blood by differential counts. All groups were challenged intraperito-

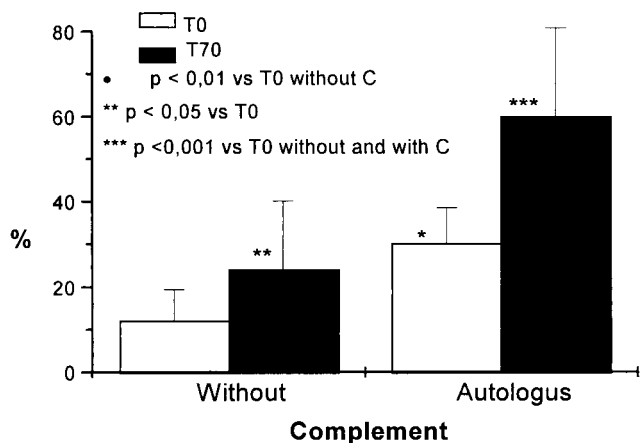


FIG. 4. Serum opsonic activity of nine immunized adult volunteers as detected by the fluorescence-activated cell sorting assay. Sera were taken before immunization (T0) and 28 days after the second dose (T70). Purified white cells were also obtained the second time. *Neisseria meningitidis* B was FITC labeled and fixed with methanol. Bacteria were opsonized with 5% heat-inactivated serum in the presence or absence of autologous serum as the complement (C) source, and the nonlymphoid cells were added (1:20, cell/bacteria) for 30 min. The data shown represent the mean and standard errors of all cases in duplicate experiments. Statistical significance is represented.

neally with 100 50% lethal doses of *N. meningitidis* B (strain B:4:P1.19,15). Rat survival was recorded over 3 days.

**Ethical considerations.** Since children were included in this work, authorization from the National Group of Paediatrics, health authorities, and the Institutional Ethical Committee were necessary, with prior demonstration of safety and innocuousness. Furthermore, the written consent of each parent or guardian was included.

**Statistical analysis.** Differences between groups were tested for significance by a paired two-tailed Student's *t* test. Survival significance was calculated by the exact Fisher probability. The result of RPA analysis was processed with Molecular Analyst software. The X-ray films were digitized using a Hewlett-Packard scanner, and the lengths were determined by comparing the mobility of the bands with that of the undigested probes. The density/area ratios were calculated, and the relative mRNA levels were determined in relation to the density/area ratio of the housekeeping gene L32. The means and standard deviations for the six volunteers were calculated and plotted for each time point measured.

## RESULTS

**Immune response induction. (i) VA-MENGOC-BC induces a DTH response.** The induction of DTH by VA-MENGOC-BC was evaluated by measuring DTH before immunization of 3.5-month-old nursing babies and 30 days after the second dose. Figure 1 shows the effect of this vaccine on the DTH response. It was negative before immunization, and a remarkable increase was observed after the second dose in all subjects. Six weeks after the first dose, DTH was also positive but much less than after the complete immunization schedule (data not shown).

**(ii) VA-MENGOC-BC induces LP.** LP assays were carried out to study the T-cell response in vaccinated subjects who were negative for specific IgG before vaccination started. OMVs from the Cuban strain B:4:P1.19,15 were used to study the antigen-specific stimulation of human PBMC 21 days after the second vaccine dose. As shown in Fig. 2, OMVs induced stimulation of PBMC from young adult humans immunized with VA-MENGOC-BC in a dose-response fashion.

**(iii) The OMVs of VA-MENGOC-BC induce cytokine mRNA.** The influence on the cytokine pattern after in vitro OMV challenge of PBMC from VA-MENGOC-BC immunized adult human subjects was evaluated. Figure 3A shows the effects of antigenic stimulation on IFN- $\gamma$ , IL-2, and IL-13 mRNAs, which appear to follow different kinetics. A graphic representation is shown in Fig. 3B. IFN- $\gamma$  and IL-2 relative expression levels began to increase at 8 h, reaching a peak at 14 h of stimulation; a decrease was observed at 16 h. IFN- $\gamma$  transcriptional induction increased again up to at least 72 h, when it reached a level similar to that attained at 14 h. IL-2 mRNA induction remained at similar levels after 16 h. On the other hand, the relative expression of IL-13 showed kinetics similar to those for IFN- $\gamma$ , but at a much lower level. The induction of IL-4, IL-5, IL-10, IL-14, IL-15, and IL-9 mRNAs were detected in the PHA controls but not in the samples.

**Effector immune mechanism. (i) Immunization with VA-MENGOC-BC induces serum opsonic activity.** The influence of antibodies from VA-MENGOC-BC-immunized subjects (before and 21 days after the second vaccine dose) and autologous complement as opsonins were studied. As shown in Fig. 4, opsonic activity increased after vaccination, and a high percentage of phagocytosed bacteria were observed in postimmunization specimens. The addition of autologous complement before or after immunization significantly increased the opsonizing activity.

**(ii) Neutrophils appear to be essential cells in the defense against *N. meningitidis* B.** The killer activity of human PMN from immunized volunteers was evaluated in vitro and in vivo. As shown in Fig. 5A, the PMN are efficient in killing *N. meningitidis* B whether they are activated (IFN- $\gamma$  plus LPS) or not. In vivo, treatment of rats with Mab RP<sub>3</sub> produces peripheral neutropenia (data not shown) as reported (20). Figure 5B shows that vaccination (–RP<sub>3</sub> group) significantly increases ( $P < 0.001$ ) survival in rats; in contrast, 100% mortality was observed in the neutropenic animals after treatment with RP<sub>3</sub> at the moment of challenge with *N. meningitidis*. Survival in animals treated with an irrelevant IgM (control) was 30%.

## DISCUSSION

VA-MENGOC-BC is a vaccine that was developed two decades ago; nevertheless, not much is known about its fine mechanisms of action. Indeed, the assumption that this OMV-based vaccine necessarily produces its effect only by development of bactericidal antibodies is premature.

The humoral response induced by VA-MENGOC-BC in humans consists of specific IgG antibody, mainly of IgG subclass (7), with bactericidal activity against some of the most frequent serotype B *N. meningitidis* pathogens. Nevertheless, the induction of bactericidal antibodies, mainly in babies, remains controversial (2, 30, 47), and no efficacy study has been conducted in this age group. In our opinion, the induction of bactericidal antibodies, the hallmark of the polysaccharide-based vaccines and main goal of the *Neisseria* vaccinologist (9, 10, 38, 39), does not seem to be totally applicable to OMV-based vaccines, and we feel that this is the principal limitation in the development of such a vaccine. The criteria are based on the necessity of close contact between IgG antibodies (the main antibody class that should be induced by an effective

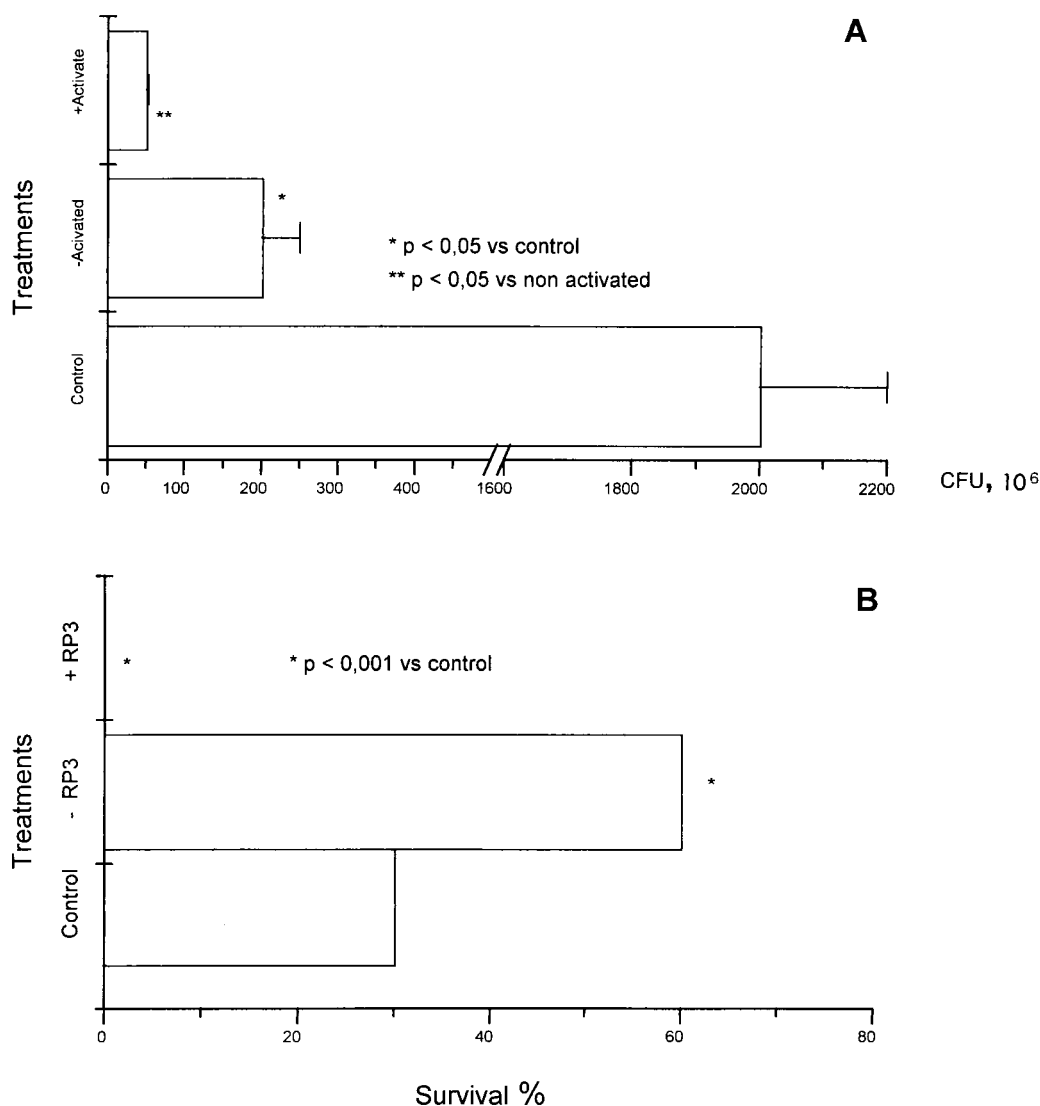


FIG. 5. Essential role of neutrophils against *Neisseria meningitidis* B infection. Activated (LPS plus IFN- $\gamma$ ) or nonactivated PMN are capable of killing *N. meningitidis* (A). VA-MENGOC-BC ( $-RP_3$  group) also protects the rats ( $P < 0.001$ ), but the elimination of PMN by  $RP_3$  treatment before challenge with *N. meningitidis* B decreased ( $P < 0.001$ ) their survival.

parenteral vaccine) in order to activate complement; the relative dispersion of outer membrane proteins on the bacterial surface; and the relative inaccessibility of these proteins, not only structural but also in the antigenic sense, created by a nonxenogenic capsular B polysaccharide (8, 22, 38). The IgG antibodies with bactericidal activity also have other important biological functions (e.g., as opsonins), and the induction of complement-fixing antibodies is more related to the Th1 pattern of cytokine production (15). This implies that other mechanisms could be present, such as IFN- $\gamma$ -mediated phagocyte activation (28) in addition to bactericidal antibodies. That is why particular attention was given to the mechanism related to the Th1 cellular response at the afferent and effector branches of the immune response.

We have investigated antigen-specific immune responses after immunization with VA-MENGOC-BC. The cellular responses were measured by in vivo DTH and in vitro prolifer-

ation assays against OMVs, the main vaccine component. A strong DTH response was observed against the OMVs in all nursing babies after vaccination. All vaccinees, selected on the basis of low antibody levels against OMVs in order to obtain subjects as naive as possible (26), were positive in the LP assay after vaccination. Although the LP response observed was not very high, the presence of a strong DTH and the in vivo characteristic of this test mean that a functional cell-mediated immune response is induced. T-cell responses were also reported for humans immunized with the Norwegian (26) and Dutch (37) vaccines. The Norwegian vaccine is similar to VA-MENGOC-BC in its fundamental composition (both are OMV-based vaccines), but the Cuban vaccine has a twofold-higher protein content, *N. meningitidis* purified polysaccharide C is also present, it has a high concentration of A1(HO)<sub>3</sub>, it does not contain sucrose, and P<sub>4</sub> and P<sub>5</sub> are less represented (11, 42). The role of these differences and other components at

the molecular level of immune induction has not been explored.

The influence of VA-MENGOC-BC immunization on the cytokine pattern of PBMC from immunized subjects was evaluated after *in vitro* restimulation with OMVs. The increase in IFN- $\gamma$  and IL-2 mRNAs, but not in IL-4, IL-5, or IL-10 mRNA, strongly suggests that a Th1 pattern of response was stimulated at least in the six adult Cuban volunteers studied. The first peak, observed after 14 h, might be related to the complexity of the OMVs used as antigen for *in vitro* restimulation. The characteristic wave of mRNA response could be related to the beginning of protein synthesis and secretion or with transcriptional IFN- $\gamma$  gene regulation. IL-13 is a cytokine related to IL-4 and therefore associated with Th2 responses, but this cytokine has no direct influence on T cells (4, 6, 19, 32, 33).

At the effector level of the immune response, we evaluated the presence of antibodies with opsonic activity and the participation of other cells. An increase in opsonic activity was evident in immunized sera. In addition, the influence of complement on this activity is a well-known phenomenon confirmed in this study. Opsonins against *N. meningitidis* B have also been reported by others (15, 46). Opsonic activity was also detected in sera from subjects immunized with the Norwegian vaccine (1).

Neutrophils are important effector cells because they are the major leukocytes present during the acute phase of inflammation, represent a high percentage of human white blood cells, and have receptor for Fc immunoglobulins, known to be effective at killing opsonized bacteria. For that reason, the participation of PMN as effector cells was evaluated. The *in vitro* experiment shows that nonactivated or activated (LPS plus IFN- $\gamma$ ) cells were effective in killing *N. meningitidis* B, but more important, the elimination of PMN *in vivo* by treatment with a specific MAb produced 100% mortality in animals challenged with *N. meningitidis* B. This result suggests that PMN are essential in the defense against this infection, at least in rat models. It is important to note that peripheral blood in the rat consists of only 25% PMN (15); thus, PMN may be even more influential in humans, where the percentage is higher (60 to 70%).

The importance of the Th1 pattern induced by VA-MEN GOC-BC seems to be relevant against *N. meningitidis* B infection, because high levels of IL-10 were associated with fatality in meningococcal disease (21) and the intrathecal production of IL-12 and IFN- $\gamma$  was observed in patients who had recovered from bacterial meningitis (18).

The relevance of cell-mediated immunity in a *Bordetella pertussis* animal model has been demonstrated (23, 34). Recently, the importance of the Th1 response has also been reported for patients who have recovered from *B. pertussis* infection (40). In addition, the response induced by a protective vaccine in humans was also of Th1 pattern (41).

Even though the induction of a Th1-like pattern was demonstrated in this study, the majority of subjects were healthy Cuban adult volunteers; it would be appropriate to carry out a similar study of the primary response against VA-MEN GOC-BC in a population of Cuban nursing babies, where the effects of environmental antigens can be decreased, or in other

countries, where the circulation of *Neisseria* and other cross-reactive microorganisms is low, work that is in progress.

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